

Over 100,000 people are diagnosed with skin cancer every year in the UK

SkinCheck

UV rays from the sun or tanning beds are the biggest cause. Despite most moles being normal and healthy, a small number can change into the most serious form of skin cancer (Melanoma).

Skin cancer develops in people of all colours, from the palest to the darkest. However, skin cancer is most likely to occur in those who have fair skin, light-coloured eyes, blonde or red hair, a tendency to burn or freckle when exposed to the sun, and a history of sun exposure. A Health and Safety report from the TUC outlines employers' responsibilities for skin cancer prevention and encourages them to help exposed and high-risk employees to understand skin cancer, its symptoms and how to be skin aware.

What is SkinCheck?

SkinCheck is a complete skin screening service which includes:

- Full body assessment carried out by our specialist skin cancer nurse
- Dermoscopy examination of suspicious lesions and moles
- High quality digital and dermoscopic images of suspicious lesions and moles which will be reported by our expert skin cancer consultants
- A detailed mole-by-mole report 3-5 working days after your SkinCheck consultation, including digital images

When will the results be available?

Within 5 days of the appointment we issue a mole-by-mole results letter containing digital images (if taken) and a personalised early detection programme. Should an abnormality be found the employee may be eligible for referral to a private consultant (if they have PMI and this has been agreed beforehand) or to the NHS via their GP. We telephone all clients with an abnormal test result in advance of receiving their letter to explain their options and reduce any anxiety.

Why will it benefit your employees?

It will empower them to take control of their own skin health and give them the tools required to self-examine and detect skin cancer early. The clinic appointment and discussion are powerful enough to change employee behaviour.

Skin health awareness

An experienced clinician can deliver a 40 minute presentation focused on skin cancer that covers symptoms, risk-reducing steps and treatment options. A copy of the presentation and My Skin Health brochure will be available to hand out. Optimal group size is up to 40.

Which employees will benefit?

- Men and women aged 18+
- Outdoor workers who are twice as likely to develop skin cancer as their indoor colleagues
- Employees that participate in outdoor sport
- Anyone that enjoys being outdoors

